

# Liver Patterns

A Comparison of Meridian Circuit Systems and Zang-Fu Syndromes

# Liver Connections

SI

-

PC - LV - LU

- -

GB LI

# Liver Circuits

Jue Yin – Shao Yang Circuit

LV - PC

- - -

GB - SJ

Jue Yin – LI/KI Circuit

LV - PC

- - -

LI - KI

Jue Yin – Yang Ming Circuit

LV - PC

- - -

LI - ST

Wood – Fire Circuit

LV - GB

- - -

SI - HT

# Zang-Fu Patterns

- ❖ Liver Qi Stagnation
- ❖ LV Blood Vacuity
- ❖ LV Qi Invading the ST
- ❖ LV Yin Vacuity
- ❖ LV Qi Invading the LU
- ❖ LV Yin Vacuity w/  
Empty Heat
- ❖ LV Fire
- ❖ Stasis of LV Blood
- ❖ LV Yang Rising
- ❖ Liver/GB Damp Heat
- ❖ Liver Wind
- ❖ LV Cold Stagnation

# Liver Qi Stagnation

- ❖ Class 1: Affects Head or Eyes  
Connecting meridians to consider LI or GB
- ❖ Class 3: Affects Abdomen, ST, or LI  
Connecting meridians to consider PC or LI
- ❖ Class 2: Affects Chest (LU or HT)  
Connecting meridians to consider LU or PC
- ❖ Class 4: Affects Reproductive System  
Connecting meridians to consider LI, GB, LU or PC

# Liver Qi Stagnation

- ❖ Class 1: Affecting Head and Eyes

GB - LV - LI

- ❖ Jue Yin – Yang Ming

Use this circuit if ST, LI,  
digestive or abdominal  
symptoms are also present.

- ❖ Jue Yin – Shao Yang

If the temples, neck,  
shoulders, ribs, or hips are  
also affected use this circuit.

# Liver Qi Stagnation

- ❖ Class 2: Chest or Upper Thoracic Cavity

PC - LV - LU

For chest conditions related to the lungs use the LV, LI, LU triad

LV LU

LI

Notice the 5-element approach

For heart related imbalances start with the Jue Yin

LV - PC

Then determine whether to use:

Jue Yin – Yang Ming

Jue Yin – Shao Yang

Jue Yin – LI/KI

# Liver Qi Stagnation Obstructing the Lungs



# Liver Qi Stagnation

- ❖ Class 3: Affects ST or LI

Jue Yin – Yang Ming

Conditions: Epigastric pain, abdominal pain, ulcers, constipation, diarrhea, IBS, colitis, Crohn's disease, etc

LV - PC

- - -

LI - ST

This circuit will also treat other liver patterns that affect the digestion and abdomen.

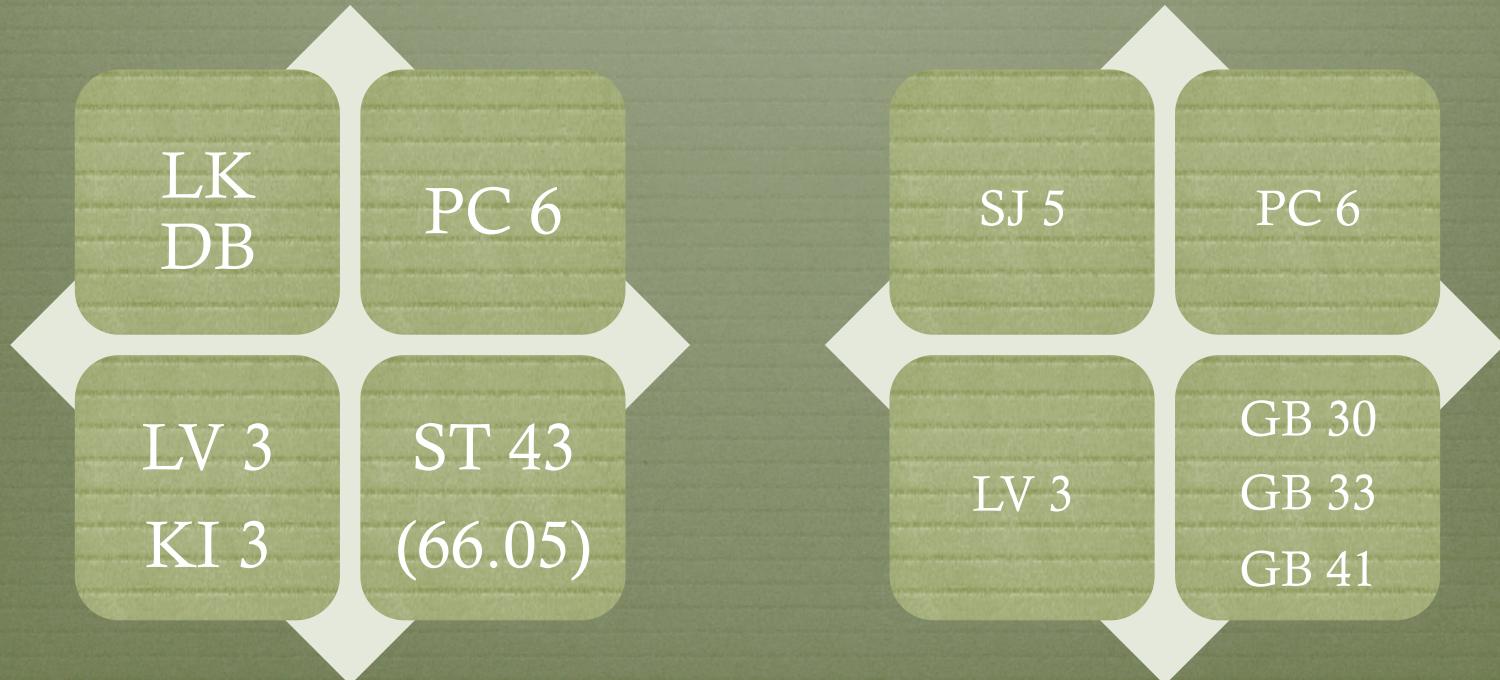
# Liver Qi Stagnation

- ❖ Affecting Reproductive System
  - ❖ LV - LU - LI Triad  
LU opens the RN
  - ❖ Jue Yin – Yang Ming LI and PC meridians
  - ❖ Jue Yin – Shao Yang GB – Dai
  - ❖ Jue Yin – LI/KI  
LI and KI connection to reproduction
- LV - LU - LI Triad
- Jue Yin – Yang Ming
- Jue Yin – Shao Yang
- Jue Yin – LI/KI

# Dysmenorrhea

- 1. Painful periods
- 2. Frontal headaches
- 3. Low back pain

- 1. Painful periods
- 2. Hip pain
- 3. Temple headaches



# Liver Qi Invading the ST or LV Qi Obstructing the LI

- ❖ Jue Yin – Yang Ming Circuit used for any pattern where LV qi is affecting the Yang Ming organs or meridians.

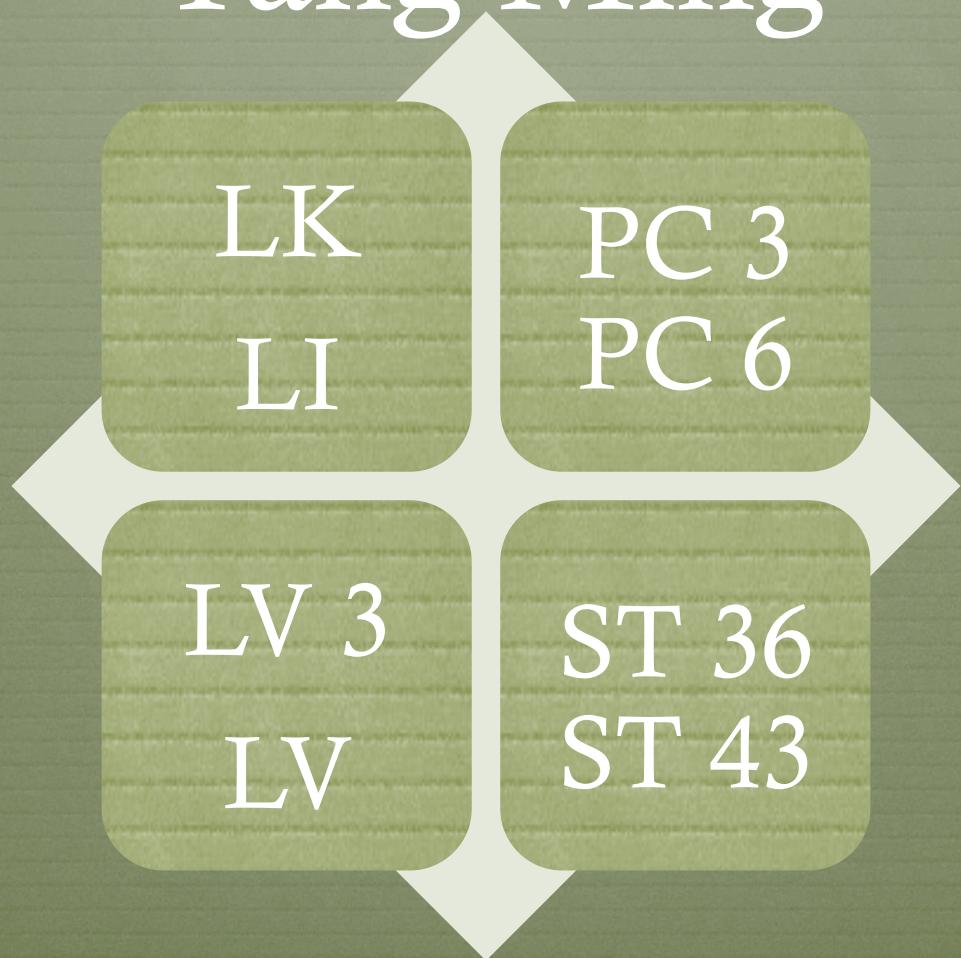
LV - LI - ST

LV - LI

LV - PC - ST

- -  
PC - ST

# Liver Qi Invading the Yang Ming



# LV Qi Invading the LU

LV

- - -

LU - LI

Bilateral Needling: 4 Gates with Thoracic 4 Gates

LV 14, LV 3, LU 1, LI 4

LU 7 may also be added or Ling Gu may  
substitute for LI 4

# Liver Fire

- ❖ In TCM the SJ Meridian is Commonly Used
- ❖ Jue Yin – Shao Yang

LV - PC

LV - GB - SJ

GB - SJ

LV - PC - SJ

When liver fire affects  
the LI or ST use the Jue  
Yin – Yang Ming Circuit

# Liver Yang Rising

This pattern typically affects the head, eyes, ears, nervous system and blood pressure.

Based on channel location and energetics the shao yang are important for treatment.

SJ points very commonly used as are GB in TCM.

❖ Shao Yang – Jue Yin

GB - SJ

- - -  
LV - PC

# Liver Yang Rising with KI Deficiency

GB - SJ

- -

LV - PC

- -

LI - KI

# Liver Wind

Jue Yin – Shao Yang

Modified Jue Yin – LI/KI

GB - SJ

LV - PC

- - -

- - -

LV - PC

GB - SJ

- - -

LI - KI

# Liver Yin Vacuity

❖ Usually connected to KI  
Yin Vacuity

❖ Jue Yin – KI/LI

PC connects the LV and  
KI, and opens the Yin Wei.

LV - PC - KI

GB - SJ

- -

LV - LI - KI

LV - PC

- -

LV - GB - SJ - KI

LI - KI

# Liver Yin Vacuity with Empty Heat

GB - SJ

- -

LV - PC

- -

LI - KI

# Liver Blood Vacuity

Jue Yin – PC connects to blood production and circulation as well as to the Yin Wei.

Yang Ming are full of Qi and Blood.

LV - PC

- -

LI - ST

# Liver Blood Stagnation

When liver qi stagnates this can affect the blood and lead to qi and blood stagnation.

# Blood Stagnation

Blood Stagnation patterns  
may be categorized as:

❖ Liver Blood Stagnation

LV - PC

❖ Heart Blood Stagnation

- -

❖ Qi and Blood Stagnation of  
the Intestines

LI - ST

❖ ST Blood Stagnation

❖ Blood Stagnation of the  
Uterus

\* ST meridian may be  
substituted for the GB

❖ Jue Yin – Yang Ming

# LV/GB Damp Heat

Jue Yin – Shao Yang

LV - PC

- -

GB - SJ

Tai Yang – LV/LU

SI - UB

- -

LV - LU

Most commonly used circuit for LV/GB damp heat.

If the LV damp heat is affecting the UB or for cases of hepatitis.

# Liver Cold Stagnation

What circuit would you use for this pattern?

This will depend on the clients top 3 concerns and the overall meridian systems pattern that is present.

# Summary

- ❖ Liver Connections: 5 – PC, LI, GB, SI, LU
- ❖ Liver Patterns: Zang-Fu
- ❖ Liver Circuits: Jue Yin – Yang Ming, Jue Yin – Shao Yang, Jue Yin – LI/KI, LV/LI/LU Triad, Wood – Fire Circuit, Tai Yang – LV/LU circuit
- ❖ Ask the patients about their top 3 health concerns